

Dr B JUGADOE

MBChB [Natal] MMed [Wits] FC Ophth (SA)

Ophthalmic Surgeon

Practice Number 0440809



INFORMED CONSENT FOR PTERYGIUM EXCISION

WHAT IS A PTERYGIUM?

Pterygium is a growth on the cornea and the conjunctiva. These growths are believed to be caused by dry eye, exposure to wind and dust and UV or sun exposure.

WHAT ARE TREATMENT ALTERNATIVES?

In many cases no treatment is needed. Sometimes eyedrops and ointments may be used to reduce inflammation. If the growth threatens sight or causes persistent discomfort, it can be removed. You should understand that despite proper surgical removal, the pterygium may return. If a pterygium returns, additional surgery may be necessary, particularly if there is persistent inflammation or progression of the new growth towards the center of vision.

HOW WILL REMOVING THE PTERYGIUM AFFECT MY VISION?

The goal of pterygium excision is to decrease irritation/inflammation, achieve a normal, smooth ocular surface, improve the decreased vision caused by the pterygium, and prevent regrowth, if possible.

WHAT IS CONJUNCTIVAL TRANSPLANTATION?

Conjunctival transplantation moves a piece of your own conjunctiva (filmy white part of the eye) to the area where the pterygium is excised (removed). This technique may be used for the management of both primary and recurrent pterygium.

WHAT ARE THE RISKS OF PTERYGIUM EXCISION?

All operations and procedures are risky and can result in unsuccessful results, complications, and injury from both known and unknown causes. Complications that may occur days, weeks, or even months later include but are not limited to: poor vision, loss of corneal clarity, bleeding, infection, double vision and injury to parts of the eye and nearby structures from the procedure or anaesthesia. The pterygium may grow back. You may need additional treatment or surgery to treat these complications.

ANAESTHETIC

This procedure may require an anaesthetic.

Different forms of anaesthesia

The choice of anaesthesia used depends on the nature of surgery, age, your general health status and your own personal preference. Your anaesthesiologist will discuss the best type of anaesthesia for your specific case.

- Sedation:** You will feel drowsy and relaxed and may even go to sleep.
- Local Anaesthesia:** The small operative surface area of the body is made insensitive to pain.
- General Anaesthesia:** The patient will be totally unconscious, feel nothing during the operation and remember nothing thereafter.

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PATIENT CONSENT

I acknowledge that the doctor has explained:

- my medical condition and the proposed procedure, including additional treatment if the doctor finds something unexpected. I understand the risks, including the risks that are specific to me.
- other relevant procedure/ treatment options and their associated risks.
- my prognosis and the risks of not having the procedure.
- that no guarantee has been made that the procedure will improve my condition even though it has been carried out with due professional care.
- the procedure may include a blood transfusion.
- tissues and blood may be removed and could be used for diagnosis or management of my condition, stored and disposed of sensitively by the hospital.

I was able to ask questions and raise concerns with the doctor about my condition, the proposed procedure and its risks, and my treatment options. My questions and concerns have been discussed and answered to my satisfaction.

I understand and have the right to change my mind at any time, including after I have signed this form but, preferably following a discussion with my doctor.

On basis of the above statements,

I request to have the procedure: Excision of Pterygium plus conjunctival graft Right / Left eye

Name of Patient: _____

Signature _____ Date: _____

Doctor Statement

I have explained to the patient all the above points under the Patient Consent section and I am of the opinion that the patient/ substitute decision-maker has understood the information.

Name of doctor: Dr Bhavna Jugadoe

Signature _____ Date: _____